



CAMPBELL PRIMARY SCHOOL
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Dear Parents/Carers

As part of the Health Program for Term 3, Campbell Primary School Staff will be completing a unit of work set by the Department of Education, called Protective Behaviours. Protective Behaviours is an internationally acclaimed personal safety and child abuse prevention program endorsed by the Department of Education in Western Australia. The program is based on two key themes:

"We all have the right to feel safe at all times" and
"We can talk with someone about anything, no matter what it is"

THE 10 MAIN PROTECTIVE BEHAVIOURS TOPIC AREAS INCLUDE:

- 1. Theme One "We all have the right to feel safe at all times" & Feelings**
- 2. Early Warning Signs** (the physical sensations we experience in our body when feeling unsafe or excited).
- 3. Safety Continuum** (safe / fun to feel scared / risking on purpose / unsafe) & **Problem Solving** (How could someone feel safe even if...?).
- 4. Theme 2 "We can talk with someone about anything, no matter what it is" & Secrets.**
- 5. Networks** (Identifying adults that we can talk with and ask for help if we feel unsafe / scared / worried).
- 6. Persistence Expectation** (Persisting in asking for help until you feel safe again).
- 7. Body Awareness and Ownership & Private and Public** parts of the body (including teaching and using the correct anatomical names for private parts of the body), Private and Public clothing / Private and Public places / Private and Public behaviours.
- 8. Personal Space** (social distance) & **Safe and Unsafe Touch.**
- 9. Assertiveness** (body language/ tone of voice / NO GO TELL).
- 10. Theme and Program Reinforcement**

Parents and carers are encouraged to access further information through the website below to learn more about this program in order to further support and reinforce the messages and concepts covered at school.
www.protectivebehaviourswa.org.au

Parents are invited to attend an upcoming Parent Workshop on Protective Behaviours which will be run at the school this term. Please look out in the newsletter for confirmation of the date and time.

If you would like further information regarding this program please speak with your child's teacher or a member of the administration team.

L. Bates

Lynne Bates
Principal

20 July 2016