

# VSSA Athletics 2019

## Day 1 Organisation- Tuesday 12<sup>th</sup> November 2019 @ Forest Crescent PS

### 9.20am - Long Distance Running

Year 3: 200m

Years 4 – 6: 400m

### 10.00am - Jumps and Throws

Rotation	Jumps Pit 1	Jumps Pit 2	Jumps Pit 3	Jumps Pit 4	T-Ball 1	T-Ball 2	Turbo Jav 1	Turbo Jav 2
<b>1</b> 10:00am	Year 5 Girls T.J.	Year 5 Boys T.J.	Year 3 Boys L.J.	Year 3 Girls L.J.	Year 6 Boys	Year 6 Girls	Year 4 Boys	Year 4 Girls
<b>2</b> 10:40am			Year 5 Boys L.J.	Year 5 Girls L.J.	Year 3 Boys	Year 3 Girls	Year 6 Boys	Year 6 Girls
<b>3</b> 11:20am	Year 6 Boys T.J.	Year 6 Girls T.J.	Year 4 Boys L.J.	Year 4 Girls L.J.	Year 5 Boys	Year 5 Girls	Year 3 Boys	Year 3 Girls
<b>4</b> 12:00pm	Year 6 Boys L.J.	Year 6 Girls L.J.			Year 4 Boys	Year 4 Girls	Year 5 Boys	Year 5 Girls

**Finish 12:40pm**

\* Please note times are approximate

\* Only Yr 5 and 6 do Triple Jump