**The Crunch Bar**



**Menu 2022**

**Catering by RoseKourtz**

**Open for Lunch and Recess orders EVERY DAY**

 **8.20am – 8.40am**



All orders are to be placed online – [www.quickcliq.com.au](http://www.quickcliq.com.au)

Or cash over the counter prior to 8.40am.

Drinks & snacks are available at The Crunch Bar before school, recess and lunch

**Please Clearly Note Any Allergies**

**SANDWICHES, WRAPS AND TOASTED SANDICHES**

White or Wholemeal Bread

Ham and Cheese $4.00

Ham, Cheese and Tomato $5.00

Chicken and Cheese $5.00

Chicken and Salad $5.00

Cheese $3.00

Cheese and Tomato $3.50

Ham and Salad $4.00

Vegemite $2.00

**BURGERS**

Hamburger $5.00

Chicken Burger $5.00

Hot Chicken and Mayo Roll $5.00

**HOT MEALS**

Butter Chicken & Rice $5.00

Pasta $5.00

Lasagne $5.00

Macaroni and Cheese (V) $5.00

Potato Bake (V) $5.00

Rice & 2 Chicken Wings $5.00

**SUSHI**

Tuna Sushi (4 pieces) $5.00

Chicken Sushi (4 pieces) $5.00

**HOT FOOD**

Hot (red sausage) Dog $4.00

Potato Gems $2.50

Nachos (V) $2.00

Chicken Wings (2) $4.00

Stuffed Potato with Cheese $4.50

Stuffed Potato with Cheese and Bacon $4.50

Chicken Nuggets (5 Pieces) $3.00

Sweet Chilli Chicken Roll or Wrap $5.00

**PIZZA**

Cheese and Bacon $4.50

Vegetarian $4.00

Cheese $4.00

**FRESH FRUIT AND SALAD**

Carrot Cups $1.00

Fruit Cups $2.00

Piece of Fruit $1.00

Fruit Salad Cup $3.00

Crunch and Sip $3.00

Potato Salad $4.00

* *Potato, egg, bacon, spring onion and Mayo*

Greek Salad $4.00

* *Spinach, tomato, cucumber and fetta*

Tuna Salad $4.00

* *Tuna and mixed salad*

Tuna and Pasta Salad $4.00

* *Tuna, Mixed salad and pasta*



**DRINKS**

Juice Boxes $1.00

* *Tropical, Apple and Raspberry,*

*Orange and Mango*

Pop Top Apple $2.00

Flavoured Milk $2.50

* *Chocolate, Strawberry, Banana*

Orange C $2.50

Water $2.00



Daily Lunch Specials - $6.00

**SNACKS – Recess and Lunch**

**Jelly Cup** **– Friday Only** $1.00

Yoghurt $1.00

* *Strawberry, Mango, Vanilla*

Tiny Teddies $1.00

Veggie Chips (GF) $1.00

Ovaltine’s $1.00

Popcorn $1.00

Pretzels $1.00

**SNACKS – Recess**

Nachos $2.50

Cheesie $1.00

***Various other snacks available each day***

\*\* Halal Options available on Request

\*\* All Chicken products are Halal

Please contact the canteen if you have a special request and we will try and accommodate you.

**Pastries Available to Purchase on Thursday only:**

Beef Pie (Halal) $4.00

Sausage Roll $4.00

Sausage Roll (Halal) $4.00

Cup of 4 Party Pies $4.00

****Cup of 4 Sausage Rolls $4.00

Spinach and Cheese Sausage Roll (V) $4.00

**Monday**

Hot (red sausage) Dog

Juice Box

Piece of Fruit

Choice of a $1.00 snack

**Tuesday**

Pizza

Juice Box

Piece of Fruit

Choice of a $1.00 snack

**Wednesday**

Chicken Nuggets (5 pieces)

Juice Box

Piece of Fruit

Choice of a $1.00 snack

**Thursday**

Pastry

Juice Box

Piece of Fruit

Choice of $1.00 snack

**Friday**

Burger – Any listed above

Juice Box

Piece of Fruit

Choice of $1.00 Snack