# Transition from home to Kindergarten.

How to make a smooth and successful start to Kindergarten.



Presented by
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## The Kindy Program

- Our learning programs are guided by :
- > The Western Australian Kindergarten Guidelines
- The Early Years Learning Framework
- National Quality Standards
- The Five Overarching Outcomes are:
- Identity
- Connecting and Contributing
- Wellbeing
- Learning and Thinking
- Communicating



More information can be found in the Campbell handbook "Starting Kindergarten"



# The Kindy Program

What do we learn?



- We provide a wide range of learning experiences designed to promote growth and learning across all areas of development.
- Literacy: phonological awareness (rhyming, syllables, hearing sounds in words...), print concepts, oral language (communicating effectively, comprehension, labelling...)
- Numeracy: early numeracy skills such as counting principles, understanding of number, measurement and geometry.
- Physical: Gross motor skills (Balancing, running, climbing, hopping, jumping, skipping...), Fine motor skills (hand-eye coordination, pencil grip/control, scissor control.
- Social/Emotional: belonging, friendships, confidence, resilience, independence, positive self-image, participation, strategies for learning and a positive attitude.



## The Kindy Program

#### How do we learn?



- Purposeful play is a powerful medium for learning and is embedded into the learning program.
- The children learn through whole group, small group and individual experiences.
- > This includes a mix of explicit teaching and guided discovery, as well as the opportunity for self-directed learning.
- Each class holds a Parent Information session around Week 2 of Term 1 to explain what will be happening in your child's class.

## Before your child starts

#### Help your child to become independent:

Teach your child how to go to the toilet by themselves. Help them learn how to pull their pants up and down and to wipe their bottom.



- Teach them how to wash their hands after going to the toilet and before eating their food.
- Teach your child how to dress themselves.
  They need to be able to take off and put on their jumpers & jackets and shoes & socks. Please no shoe laces in Kindergarten.



Teach your child how to blow their nose and dispose of the tissue.

## Before your child starts

#### Help your child to become independent :

- Teach your child how to eat from their lunch box. Make sure they can open and close the container and unwrap food.
- Teach your child how to fill their drink bottle with water, to open the spout and close it once they have had a drink.

- Teach your child how to open, pack, unpack and close their school bag.
- Teach your child to carry their own bag into class, and unpack their belongings each day.









## Before your child starts

#### Help your child to become independent :

- Practise name recognition with your child so they can recognise their name on their belongings.
- Upper case for first letter and lowercase for other letters. e.g. Alison (Victorian Modern Cursive font)



Give them opportunities to hold and use pencils, scissors and glue.



- Gradually introduce your child to spending time away from you.
- Let them stay with a friend or relative.
- Talk positively to your child about school.
  Talk about all the fun things they will do at Kindy.







#### Items you will need to supply:

- School Uniform including broad brimmed hat. Name hats, jumpers, jackets.
- School bag: Backpack big enough to fit lunch box, fruit container, water bottle, library book bag, and change of clothes.
- Library Bag







- Change of clothes in school bag at all times: toileting accidents, paint or water spills. (underwear, shirt & shorts/skirt, dress, socks)
- > ALL CLEARLY LABELLED WITH THEIR NAME

#### Items you will need to supply:

- Booklist items in a big plastic bag <u>clearly marked with child's</u> <u>name.</u>
- Names on A3 Display folder (Evidence file) and library bag.
- It is important to purchase the exact items on booklist, brand and size.





#### Items you will need to supply:



Fruit Container-named-one piece of fruit or variety small fruits.

Lunch Box-named. Simple nutritious lunch-don't overfill.

- A sandwich or wrap, vegetable sticks, fruit. Limit treats.
- Please avoid nuts- we are an allergy aware school.



Water sipper bottle named that is easy to open.



#### Lunch box ideas:

An ice-brick will keep lunches cold and fresh.



Thermos container for rice & noodle dishes.



- Bento lunch boxes –a variety of foods for children to nibble rather than a lot of one thing.
- We promote package free lunches.



## The First Day



- Arrive early. Doors will open at 8:25am. This allows time for you to settle your child before the siren rings at 8.40am.
- After the first day the routine continues to be the same with doors opening at 8:25am and we expect students to arrive on time so they can participate in morning routines.
- Bring all the items on your child's booklist in a bag with your child's name on.
- The teacher and Education Assistant will welcome you to the class and show you where to put your belongings.
- > You will be invited to do a puzzle or table top game with your child.
- Remember to show your child where the toilets are in the room.
- Talk to them about the things they can see in the room and how much fun they will have.



# The First Day





- When the bell rings, give your child a quick hug, tell them you will be there to pick them up at the end of the school day. Leave promptly.
- If your child is upset, the Teacher or Assistant will look after them while you leave.
- Don't be tempted to prolong your departure as this usually unsettles the child more.
- > The school will contact you if your child remains upset or is very unsettled.
- At the end of the day be on time to pick your child up at 2:50pm. (2.30pm on Wednesdays)



# The First Day

- End of day routine, we call your child to you when we see you waiting at the door.
- Hats stay at school to ensure your child is able to play outside ( no hat no play rule ).
- > The first day will be about:



Learning the names of their peers
Learning where things are in the environment
Developing and setting up a routine
Developing a bond with the teachers
Setting ground rules
MOST IMPORTANTLY HAVING FUN!

### Questions?

Thankyou for attending.

We look forward to seeing you and your child at their transition day and again next year ©

